



THE COTTAGE GARDEN  
HEALTH & BEAUTY · LONGUEVILLE MANOR

The Cottage Garden lies in a beautifully secluded walled Victorian garden in the Longueville Manor's grounds. Our fully qualified therapists are thrilled to welcome you back and offer the following treatments:

**Back To Balance** – A 'facial' for the back area. Hot steamed towels are used throughout this treatment and will help ease away every day muscular tension. A cleansing treatment combining exfoliation with massage techniques will leave you feeling relaxed and revitalised

45 minutes - £65.00

**Thai Foot Massage** – A vigorous yet totally relaxing treatment performed on all areas of the foot, Uses finger and thumb techniques on specific acupressure points. Improves circulation, stimulates lymphatic drainage and induces relaxation

60 minutes – £70.00

**Foot Ritual** – A luxurious foot treatment using the REN Atlantic Kelp and Magnesium ranges to energise and de-stress. Combining a foot soak, exfoliation and massage that will relax the entire body by stimulating the pressure points

60 minutes - £70.00

**Back Massage/Body massage** (back, back of legs and feet only)      60 min - £80.00/30 min - £50.00

**Manicure/Pedicure** (Regular only)      60 minutes - £45.00

**Gel Manicure/Pedicure**      60 minutes - £55.00

Add **removal** +30 minutes/£10

Availability is extremely limited, therefore booking is essential

Please note that our gym and hot tub are currently closed